



Diabetes Update: From Medications to Technology

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Drs. Lindsey and Rowe declare no conflicts of interest, real or apparent, and no financial interests in any company, product, or service mentioned in this program, including grants, employment, gifts, stock holdings and honoraria..

About the Speaker

Dr. Jordan M. Rowe is an Assistant Clinical Professor at the UMKC School of Pharmacy and faculty for the UMKC Endocrinology, Diabetes, and Metabolism Medical Fellowship Program. She is a Board Certified Ambulatory Care Pharmacist and provides comprehensive chronic disease management within the endocrinology and internal medicine clinics at Truman Medical Centers (TMC) in Kansas City, Missouri, an urban safety-net health-system dedicated to providing interprofessional, patient-centered care for all. Dr. Rowe also serves as a member of the TMC interprofessional LGBTQ care team. At her clinic sites, she precepts third- and fourth-year pharmacy students as well as PGY-1 TMC pharmacy residents. Dr. Rowe also serves as a volunteer preceptor and faculty advisor to the board at Sojourner, a free, student-run, interprofessional clinic for the uninsured and homeless of Kansas City. Her professional areas of interest include sustainable models for integrated ambulatory pharmacy practice, clinical outcomes associated with multidisciplinary approaches to chronic disease management, interprofessional education, and identifying care models to successfully address health disparities.

Dr. Cameron C. Lindsey is Director of Co-Curriculum and a tenured Professor at the UMKC School of Pharmacy. She is Board Certified in Advanced Diabetes Management, a Certified Diabetes Educator, and Board Certified Ambulatory Care Pharmacist. To assist patients, Dr. Lindsey has practiced in a wide array of settings. She recently completed her appointment housed at the Clay County Public Health Center with a joint appointment with the Clay County Health Department and Rogers Health. In her recent past, she had instituted clinical pharmacy services at the local Veterans Affairs Medical Center where she was integral to the clinical pharmacy service creation (e.g., diabetes, HTN, lipids, heart failure) at the site beginning in 1999 after completing her pharmacy practice residency. Dr. Lindsey continued to expand her patient outreach and had a 14-year presence as director of the patient assistance program at the Shared Care Free Health Clinic of Jackson County where she obtained donated medications reaching close to \$9 million. Her scholarly activities have resulted in numerous papers, manuscripts, and book chapters surrounding CV risk reduction, diabetes, obesity, and education. Currently she serves as the Director of Co-Curriculum, ensuring that student pharmacists gain the essential skills to navigate and participate in the profession of pharmacy.

About the Course

This presentation will provide a summary of the 2020 American Diabetes Association (ADA) Standards of Medical Care in Diabetes, focusing on changes from the previous year's edition, recent literature, and emerging and or practice-changing evidence. The presentation will also discuss the additional clinical considerations for concomitant disease states alongside diabetes and how such patient-specific factors should guide treatment. Resources for affordability for various patient situations will be supplied. Finally, the presentation will provide a review of product and technological changes within the realm of diabetes management, such as new drug delivery devices, continuous glucose monitors, and hybrid closed-loop systems for insulin pumps.

Pharmacist Objectives

1. Discuss the updates to the American Diabetes Association (ADA) Standards of Medical Care in Diabetes in 2020.
2. Interpret emerging evidence regarding diabetes therapies including expanded Food and Drug Administration (FDA) indications.
3. Identify patient specific factors that may influence the best treatment options for individuals.
4. Analyze cost savings resources for medications based on the patient's current coverage.
5. Apply current guidelines and emerging trends to develop a comprehensive diabetes care plan for a patient.
6. Compare drug delivery devices for potential pros and cons, including insulin pump nuances.
7. Discuss the variety of uses of continuous glucose monitors in diabetes management.



This program is provided by the Illinois Pharmacists Association. The Illinois Pharmacists Association is accredited by the Accreditation Council for Pharmacy Education as a provider of continuing pharmacy education. This program is equivalent to 2.0 contact hours (0.20 CEUs) of pharmacy continuing education. No partial credit is allowed.

Course Participants:	Pharmacists and Pharmacy Students
CPE Target Audience:	Pharmacists
UANs:	0135-0000-20-036-H01-P
Activity Type:	Application
Contact hours:	2.0
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